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BIG SAVERS SAY HELLO TO A BIG 3.0%

Beltline ambush in broad daylight



Police investigators photograph spent shell casings outside the van where a man in his 20s was shot in mid-afternoon yesterday. Police say the victim was known to the gang unit, but aren't saying the shooting is gang-related.

Area resident says he's had enough; moving out

KRISTA SYLVESTER
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The violent daylight attack of a van driver in Calgary's Beltline yesterday afternoon has one area resident vowing to move his family from harm's way.

The man and his family live in a building overlook-

ing the crime scene where a victim in his 20s was shot in a van parked at 7 St. and 15 Ave SW, allegedly by two masked men.

"My wife saw everything. I'm really shaken up — it happened right in front of our house," the man told Metro, refusing to give his name.

The area around the van and six or seven shell cas-

Victim stable

- The victim underwent surgery at the Foothills Hospital and has since been upgraded to stable condition.

ings was cordoned off by police tape.

"She could have been hit. She could have been

walking the dog. I've lived in New York and I have never seen anything like this," the man said, adding he only lived in the area for two weeks.

Duty Insp. Keith Pollock said the gang and homicide units have been called in and the victim was known to the gang unit.

"We don't know if it is gang related yet," he said.

AISH eases rules on working while receiving benefits

PAYMENTS Albertans working while receiving AISH payments can now work more hours without worrying about seeing their

benefits shrink. The nearly 7,000 receiving payments from the provincial government's Assured Income for the Se-

verely Handicapped Program can now earn up to \$1,500 a month through regular employment — \$2,500 for couple and

clients with children — and be eligible for financial assistance of up to \$1,088 per month.

METRO EDMONTON

Calgary's population swells to 1,042,892

SUBURBS The massive boom might have faded, but Calgary continues to draw people in one small city at a time.

Calgary's population hit 1,042,892 and while the influx slowed over the past year, down 5,233 from 2006-2007, nearly 23,000 people became Calgarians in the last year — 63 every day — according to the city's civic census. At the peak, in 2005-2006, 35,681 moved here.

"If you put it into context, last year's growth would have been the 13th largest municipality in Alberta," said Mayor Dave Bronconnier.

Fourteen suburban communities drew in at least 1,000 people each. Silverado led with nearly 855 per cent growth.

Planning and development general manager David Watson said an increase in multi-family residences are attributing greatly to the swell.

"We are looking at a much more mature city with a much broader range of housing types."

NEIL MACKINNON/METRO CALGARY

World page 5

Ex-Bosnian president arrested

Money page 7



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Sunday's Sun and Salsa Festival in Kensington brought about 75,000 people down and raised more than \$36,000 for two local charities — The LEAD Foundation and Agape Hospice. The best salsa winners won't be announced until September. **METRO CALGARY**

Local



"(The severely disabled) are very valued employees who are so committed to their job, they're very loyal and at the end of the day, they come home with a proud feeling in their heart, not only to their family, but to society as a whole."

Premier Ed Stelmach yesterday, during the announcement to increase the AISH income threshold **METRO CALGARY**



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ROGERS

Rafters wise up after Saturday enforcement

KRISTA SYLVESTER
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LOSING THE BOOZE After a fine-filled Saturday on the city's rivers, bylaw enforcers used a new tactic for Sunday in getting rafters to lose the booze.

Bylaw boss Bill Bruce was shocked at the blatant disregard for liquor rules on the river after confiscating more than 350 bottles of liquor the first day of enforcement.

"So on Sunday we set up at the starting point and basically gave people the option to put the liquor back in their car and carry on," Bruce told Metro. "And most people made the right decision."

Bruce said the result was a success and although there was double the amount of people on the rivers, the compliance was up and violations were down.

"We're out there to warn people first and enforce second," Bruce said.

Bitternose charge added, upgraded

BANFF ASSAULT The accused in a vicious sex assault in Banff last week had another criminal charge filed and an upgrade to another he was already facing.

Cory Lawrence Bitternose already faced 11 counts related to the kidnapping and sexual assault of two women and now faces another charge of possession of stolen property under \$5,000.

The count of sexual assault was changed to sexual assault causing bodily harm. **METRO CALGARY**

Growth drop could help affordable housing: Mayor



Past population growth has put a pinch on Calgary's housing market, but with growth slowed, Mayor Dave Bronconnier said it should allow the city to do some infrastructure catch-up.

NEIL MACKINNON
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Fewer people moving to Calgary may help the city catch up with its affordable housing needs, says Mayor Dave Bronconnier.

Civic census numbers released yesterday indicated that Calgary's vacancy rate jumped by more than half a percentage point over the past year to 2.23 per cent, which "speaks to a very robust marketplace that's responding to the need for housing, whether that be in

city census figures

- 63 — number of people who moved to Calgary every day over the past year
- 1,042,892 — Calgary's current population
- 71.64 — the percentage of

multi-family, single family or rental," Bronconnier said.

While 3 per cent would be a "healthier rate," city planning general manager David Watson said as supply continues to increase, with 13,869 new dwellings currently under construction, affordability will become

residences in Calgary that are owner-occupied

- 2.23 — current vacancy rate
- 250,000 — the number of new people Calgary expects to welcome in the next decade

less of an issue.

"As most economists would tell you, when you have more supply now than there are buyers, that tends to push prices down," Bronconnier said.

Housing affordability has been a major issue on at least two fronts for the city,

with its homeless population creeping past the 4,000 mark for the first time, according to figures released by the city last week, and also with across-the-board labour shortages being further hampered by a lack of suitable housing options.

"We have a greater supply of units that are available for rent, which has primarily been a bit of a barrier for newcomers moving to Calgary," Bronconnier said, adding Calgary has still been the "destination of choice" for people moving to the province despite those issues.

Okotoks victim awaits autopsy

INVESTIGATION An autopsy has not yet been scheduled for the victim of a suspicious death on an acreage near Dewinton.

The man was found dead in his home around 7 p.m. Sunday.

Okotoks RCMP won't be releasing the name or cause of death until determined by the medical examiner, according to RCMP Const. Ray Lucko.

METRO CALGARY

Schulich 1 zooms home

SOLAR RACE Schulich 1, the University of Calgary's solar car, will be zooming into Calgary today and the public is invited to witness it for free. At approximately noon, the solar-powered car will be one of 25 cars finishing the race that started in Dallas, Texas — a 4,000-km stretch — on July 11. The winner will be determined by which team completed the race in the shortest amount of time. At last report, Calgary's solar car was behind only the first-place car from the University of Michigan after being one of two to arrive in Regina on Sunday.

METRO CALGARY



Tickets going fast for weekend's 'good vibe' Folk Fest

ALICIA FOX
for Metro Calgary

Tickets are hot and the weather is looking just as good for the 29th annual Folk Fest this weekend.

Starting July 24, Prince's

Island Park will be turned into what artist director Kelly Clarke calls a "mini-town" for four days.

"It's a festival with a really good vibe," she said. "Calgarians really embrace the festival."

With a whole new lineup

of 60 artists from 15 different countries on seven stages, Clarke said the 13,000 people that are expected daily won't be disappointed.

"Collaborations happen here that have never happened before and will never happen again," she said.

Beer gardens, crafts, food, and a family-friendly area will also be expected highlights, but tickets are selling fast. There are none left for Saturday and all four-day passes are sold out, but individual passes for Thursday, Friday and Sunday are still

available.

"If people beat other people to them then some people will be out of luck," she said.

For more information, including events and 10 tips for first-timers, see www.calgaryfolkfest.com.

Comedians hope for a full house

Calgary Stampede Entertainment announced comedians Bob Saget and Wayne Brady will be performing at the Jack Singer Concert Hall in October. For more information visit www.ticketmaster.ca. **METRO CALGARY**

Funding shortfall may lead to user fees for garbage

Perfect way to combine financial and environmental responsibility: Alderman

NEIL MACKINNON

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Calgary's garbage bags may have to sport freshly financed tags in the not-too-distant future.

Citing a "significant shortfall in funding," the city's utilities and environment committee will receive a dismal preliminary report on the financial state of waste and recycling services that blames

"It would force people to recycle more and be more considerate of what they're throwing away."

Laura McLean

cost escalations for undermining their ability to deliver even a base level of service.

One way to mitigate further funding shortfalls would be a "residential user fee."

Ald. Brian Pincott said

the report, which provides and initial glimpse of a "perfect garbage storm" percolating for years, is a major cause for concern and garbage bag tags requiring Calgarians to scale down their trash output or face a fee would be a "rea-

sonable" solution.

"This provides us the perfect opportunity to marry financial sustainability with environmental sustainability," said Pincott, adding as the curbside recycling program comes online early next year, Calgarians would be given the option to cut back the amount of garbage they're sending to landfills before being asked to ante up for their excess.

Laura McLean, 26, who would be willing to shell out "no more than a buck" for a tag, can see the value in such a program, especially if the city allowed a two bag per week free limit.

"It would force people to recycle more and be more considerate of what they're throwing away," she said.

A final draft of the report will be presented in September.

Police seek suspected Inn robbers

WHEATLAND Strathmore RCMP are searching for three suspects involved in an armed robbery of Wheatland Inn at about 10:00 a.m. yesterday. The hotelier and a young child he was holding were sprayed with bear spray and the manager was physically assaulted. The manager is in stable condition and the child was treated on scene.

Two males, wearing coveralls with fluorescent X's on the back took an undisclosed amount of cash and escaped into a dark-coloured newer model quad cab driven by a third male. One of the men has longer, wavy blond hair. People with information are asked to call CrimeStoppers or RCMP at 403-934-3968. **METRO CALGARY**

News in brief

MOTORCYCLE ACCIDENT A 20-year-old Calgary man succumbed to injuries sustained in a collision between a motorcycle and car on Highway 762, south of Highway 22 near Turner Valley Sunday evening. Matthew Anderson, driver of the motorcycle, suffered serious injuries after an attempt to pass a vehicle making a left hand turn ended with the motorcycle colliding with the rear-end of the car. The collision is still under investigation by the Turner Valley RCMP.

WOMAN HIT A female in her 30s was taken to hospital with head and arm injuries after being hit by the C-Train at 7 Ave and 1 St SW yesterday afternoon around 4:45 p.m. Witnesses told fire crews it appeared as though the woman had been chasing someone when clipped by the train. Calgary Police continue to investigate the circumstances of the accident.

METRO CALGARY



James McBean gets ready to paint away more graffiti, as his 17 Ave SW building is often the target of urban artists looking for a canvas.

City reintroduces graffiti-removal program

KRISTA SYLVESTER

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BELTLINE The downtown Beltline was once arguably a sight for sore eyes, but a recent city initiative has helped drain the color out of bothersome graffiti.

Last year as part of a

Clean to the Core program, the city introduced a pilot program to help rid the city's inner core of graffiti, and, since it went so well, has re-introduced the program this year.

"It's been awesome. It keeps us busy and people may not see a lot of graffiti out there but it's because we clear it up so

fast," Bylaw boss Bill Bruce told Metro, adding they have cleaned up thousands of square feet.

The program takes the onus off of the victims of graffiti by cleaning it up for them efficiently at no cost; all they have to do is call 3-1-1.

Neal Arya, owner of Saneal Cameras located in

the Beltline is no stranger to graffiti-plagued walls and has nothing but praise for the program.

"They provide the clean up without putting the financial obligation on the business, but more importantly is the efficiency," he said. "Especially because graffiti tends to attract more graffiti."

Mountain Aire Lodge burns down

SUNDRE Shock and disbelief described Mustard Seed Ministry official Floyd Peras' thoughts yesterday when he heard a fire had ripped through Mountain Aire Lodge, used as vocational housing for homeless with addictions.

Located on the banks of the Red Deer River, the lodge was reported on fire at about 4:00 a.m. yesterday. The Sundre tourism spot saw the restaurant, store, and gas station, destroyed, and the camp dog died in the fire.

Residential housing was saved. "Many of these people have suffered traumatic events and this certainly doesn't help them," he said of the men living there. Damage is estimated at \$600,000 and plans to rebuild are underway.

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A B.C. nightclub has spent almost \$7,000 on the Mosquito Ultrasonic Teen Repellent, which emits a high-pitched sound that usually only people under 25 can hear to chase loitering teens and unwanted clientele away from their establishment. **METRO CANADA**

Canada

"There were a series of conversations...that certainly raise questions."

Donald Plouffe, a Federal Bureau Competition officer, speaking about alleged Quebec gas price fixing.



gas prices

Wire-tap evidence that led to charges in an alleged Quebec gas price-fixing scheme suggest discussions about prices took place in several regions beyond those targeted, a new report reveals.

RCMP will not identify man in foot mystery

JEFF HODSON
Metro Canada



Investigators in B.C. are not publicly identifying a man whose foot washed ashore in Georgia Strait last August.

The foot — the first of

five found in Southwestern B.C. in the past year — was discovered Aug. 20, 2007 inside a Campus-brand running shoe on Jedediah Island.

Police, however, said that at the request of the man's family they would not be releasing his identi-

no hands and no feet

With the torrent of publicity over the five severed feet in recent weeks, a Washington coroner came forward last Thursday with information of a dead body that washed up in his county 16 months ago missing both hands and both feet.

ty.

A tip from the public lead to the identification.

RCMP don't know how the man died, but have ruled out the options of it

being foul play.

The foot, like the other four found, became disarticulated through natural processes, like decay.

Police have confirmed through DNA tests that two of the five feet are a match and belong to the same male. The investiga-

tion into identifying the three remaining cases of severed feet is continuing.

As well, police confirmed that they have eliminated four people killed in a plane crash off Quadra Island in 2005 as possible sources for the feet.

WITH FILES FROM TORSTAR NEWS SERVICE

News in brief

TRAFFIC TICKETS Police along a northern Alberta highway known for its high number of fatal collisions handed out 363 speeding tickets during a three-day blitz over the weekend. Mounties and Provincial Sheriffs pulled over 500 vehicles during the random check

on Highway 63 and 453 traffic violations were handed out, including the large number of speeding tickets.

FARMING Canada is confident that a WTO trade deal this week will spare a marketing scheme that has protected its

dairy and poultry farmers from foreign competition, Trade Minister Michael Fortier said yesterday. Trade ministers are meeting in Switzerland this week for talks on a new WTO deal that will cut farm subsidies and tariffs.

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Edmonton Ahead of the crowds



Sonya Frenette, 8, gets up close and personal with a miniature horse named Charlie at the Monday Morning Magic event for sick kids at Edmonton Capital EX fair. The tradition invites handicapped and special needs children to experience the festivities a little earlier in the day, before the crowds pile through the gates.

U.S. lawyer warns against Great Lakes pact

HEALTH A pact designed to preserve the Great Lakes is in reality a "slippery slope" that threatens severe harm to the world's largest body of freshwater, a top U.S. environmental lawyer yesterday warned Canadians.

"In effect, a precedent is being set in that it allows

for the commercialization of water. You are privatizing it," said Michigan lawyer James Olson, of an agreement among eight Great Lakes states now before the U.S. Congress and linked to Ontario and Quebec through a side agreement.

Olson also criticizes allowing water to be removed from the system by private industry as long as it's not "bulk diversion" — with no limit on the number of containers an enterprise, such as water bottling, can sell.

TORSTAR NEWS SERVICE



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Let's hug it out

Venezuela's President Hugo Chavez said on Sunday he would like to give the king of Spain a hug when he visits Europe next week, but the outspoken leader, referring to a diplomatic spat last year, said he will not shut up. **REUTERS**

5

World

"... the United States of America can never allow a second Holocaust."

John McCain, right, expressed his support of Israel, which has described Iran's nuclear program as a threat to its existence.



McCain backs Israel

U.S. Republican presidential candidate John McCain said yesterday that the United States could never allow Iran to inflict a "second Holocaust" on the Jewish people, in comments aired on Israeli TV on the eve of a visit to Israel by his Democratic rival Barack Obama.

Ex-Bosnian prez finally arrested

Bosnian Serb wartime president Radovan Karadzic, wanted for planning and ordering Europe's worst atrocities since World War II, was arrested yesterday after 11 years on the run.

"Karadzic was located and arrested," President Boris Tadic said in a terse bulletin with the news that Bosnian Muslims had begun to despair of ever hearing.

It brought people out in

the night onto the streets of Sarajevo, the city his troops shelled mercilessly during a 43-month siege, to celebrate the capture of the man charged with authorizing the slaughter of 11,000 of their fellow citizens.

"I called and woke up my whole family," said Sarajevo resident Fadil Bico, as cars streamed through the streets honking horns and Bosnian state radio played excerpts of Karadzic's

wartime hate speeches.

Serbian government sources said Karadzic had been under surveillance in Serbia for several weeks, after a tip-off from a foreign intelligence service. He did not resist arrest, they said.

His arrest was one of the main conditions of Serbian progress towards European Union (EU) membership, which most of its people desire.

Richard Holbrooke, for-



Radovan Karadzic

mer U.S. Balkan troubleshooter during the wars of the 1990s' described Karadzic as the Osama bin Laden of Europe," a real, true architect of mass murder."

Karadzic went underground more than a year after Holbrooke negotiated

the 1995 Dayton accords that ended the war in Bosnia and NATO deployed a huge force of peacekeepers in early 1996.

Alleged sightings were rare. He was said to be hiding in monasteries, disguised, shuttling among remote hideouts with the help of a network of diehard loyalists.

His arrest leaves two war crimes suspects still wanted by the Hague tribunal.

REUTERS

News in brief

DEAL Zimbabwe's President Robert Mugabe and opposition leader Morgan Tsvangirai yesterday signed a deal laying down the framework for formal talks on forming a power sharing government to end a deep political crisis.

VISIT Explosions on two Chinese buses killed at least two people and injured 14 in the southwestern city of Kunming yesterday, media said, amid a security clampdown ahead of next month's Beijing Olympics. The official Xinhua news agency blamed the blasts on "sabotage."

REUTERS

Obama meets Iraqi leaders, no talks on troop withdrawal

VISIT U.S. Democratic presidential candidate Barack Obama met Iraqi leaders and U.S. military commanders in Baghdad yesterday in a visit overshadowed by the question of when U.S. troops should go home.

U.S. strategy in Iraq and troop levels are central issues in the November election race between the first-term senator from Illinois and Republican candidate John McCain.

Obama, who has made his opposition to the U.S.-led invasion of Iraq five

years ago a centrepiece of his campaign, was in Baghdad to assess security in Iraq, where violence has fallen to its lowest level since early 2004.

Iraqi government spokesman Ali al-Dabbagh said Obama did not mention his pledge to remove U.S. combat troops within 16 months if he takes office in talks with Prime Minister Nuri al-Maliki.

Dabbagh said Baghdad's goal was for foreign combat forces to leave by the end of 2010 if security conditions allowed. **REUTERS**

Missing McCann case dropped



Gerry and Kate McCann speak to media during a news conference in England yesterday. Portugal's public prosecutor dropped the case on the disappearance of British girl Madeleine McCann in the absence of any evidence yesterday.

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Hasbro Inc. posted a higher-than-expected quarterly profit yesterday, helped by sales of toys tied to movies like the latest Indiana Jones, but its shares fell as much as 5.6 per cent as the toymaker unveiled plans to hike prices due to higher costs. **REUTERS**

Business

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In brief

TOP CAR A car will likely beat a truck as Canada's best-selling vehicle in 2008 for the first time in 15 years. Honda's Civic compact is pulling away from Ford's F-Series pickup in sales, according to DesRosiers Automotive Consultants.

TORSTAR NEWS SERVICE

BOMBARDIER The U.S. National Transportation Safety Board recommended yesterday that Bombardier revise takeoff instructions for its Challenger 600 airplanes following a February 2005 incident in which a Challenger jet ran off a runway in New Jersey.

REUTERS

RAIL CN Rail believes it will win U.S. regulatory approval to buy Elgin, Joliet & Eastern Railway Co., but if it doesn't it will find another way to "skin the cat" of rail congestion around Chicago, its chief executive said yesterday.

REUTERS

Cellphones shakeup?

Wireless spectrum auction ends

Canada's auction of wireless spectrum ended yesterday and new players appear poised to enter the market and challenge the country's Big Three carriers in a fight for mobile phone subscribers.

Key facts

- Rogers, Telus and BCE now control about 95 per cent of the wireless market in terms of revenues.
- No U.S. carriers participated in the auction.

The auction of airwaves over which wireless services are delivered raised \$4.25 billion in 331 rounds.

"Over the next few months, I expect every player — large and small — to be speaking with each other to find both strategic as well as tactical opportunities to consolidate market share," said

Carmi Levy, an analyst at AR Communications.

Rogers Communications was the top bidder with offers totaling \$999.4 million.

Telus Corp. had \$879.9 million in standing high bids. BCE Inc. had bids totaling \$740.9 million.

REUTERS

Car poised to become best-seller

VEHICLES A car will likely beat a truck as Canada's best-selling vehicle in 2008 for the first time in 15 years as consumers turn sharply to smaller, more fuel-efficient autos. Honda's Civic compact is pulling away from Ford's F-Series pickup in sales at the halfway point of the year, according to figures from DesRosiers Automotive Consultants.

Sales of the Civic, which has built a reputation for durability, fuel efficiency and overall value, shot up 24 per cent to 43,029 in the January-June period this year from the same six months in 2007.

Meanwhile, volumes for the venerable Ford F-Series pickups have slid 6 per cent to 36,555 in the same period. **TORSTAR NEWS SERVICE**

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Find the perfect day

SmartCookies



www.smartcookies.com

K, brace yourselves; we're going to get a little deep here. We have finally finished A New Earth.

Yeah, yeah, we know we are a little behind the eight ball on this one but let's agree, it's not a summer beach read and hey, we'll admit, we've been a little busy.

Now being Smart Cookies we find a way to relate everything we read back to money. And Eckhart's Tolle's book is no different.

Essentially Tolle explains that many people become consumed by obtaining things in attempts to fill or complete themselves. While we agree, we are the first to admit that we love "things" — new shoes, new clothes, new items for our home — you name it. So we were relieved to read that is OK to want things.

However, according to Tolle, it's impossible to lead a fulfilling life if we try to build our identity



Planning your perfect day allows you to gain clarity on what exactly you want.

through "things". Tolle illustrates this point by commenting "we cannot really honour things if we use them as a mean to self-enhancement, that is to say, if we try to find ourselves through them."

The point is, to be appreciative of what you do have right now. And it's not about what you want but rather why you want it. For example, do you want the coach bag because it's good quality and lasts forever or do you want it because you think people will look at you and think you've arrived?

How many of you have thought, "Once I get that new house, then my life will be better"? Or "If I get this dress for tonight, then I will stand out at the party"? Or "Once I get that new car I will find the right woman?"

We'll admit we used to

throw around the same excuses but we've gotten a lot better ever since we created what we call "The Perfect Day". Planning your perfect day allows you to get clear on what exactly you want to spend your money on. On smartcookies.com we have a number of questions to help you describe your perfect day. Essentially you pull three activities from your perfect day that bring you joy (spending time with family and friends, cooking, working out) and then three things in your perfect day that you don't have now but are looking forward to in the future.

We invite you to visit smartcookies.com and download the Perfect Day exercise.

Tune in Wednesday night at 9 p.m. EST/PST on the W Network and be sure to visit smartcookies.com for more tips.

The tricky investment world

MoneyMatters

Henry Choo Chong

choochonghcg@yahoo.ca

This year, I expect to set aside some savings and be more proactive with investments. I am a little confused with what types of investments would give the best returns? Are all investments taxed similarly?

-KAREN

With stock markets reeling from the financial crisis, some analysts would advise to stay on the sidelines until it all clears. However, opportunities

exist even in times of uncertainty. Investors that held energy and oil companies for the past three years would argue the markets are good.

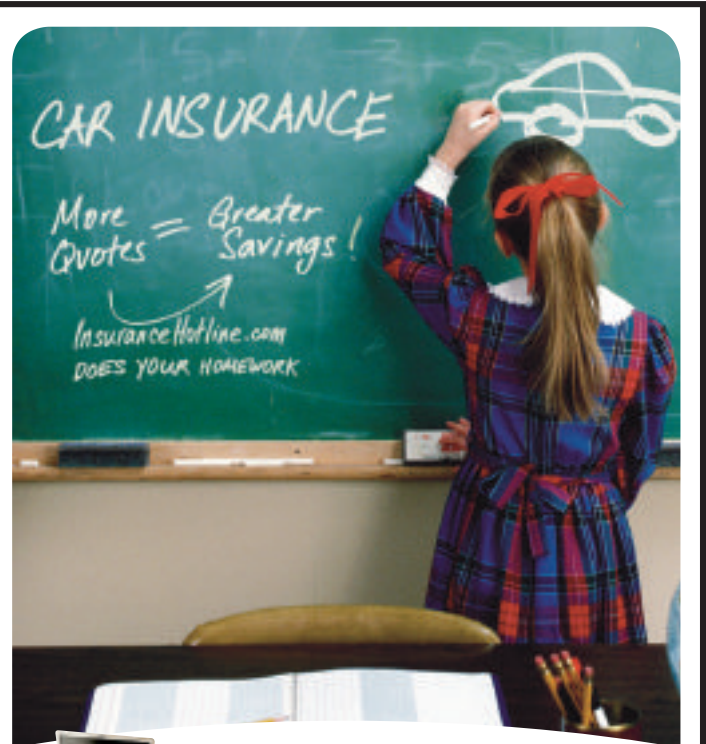
The laws of investment dictate: Money must seek a place that gives adequate returns. If money cannot be made in financial stocks then it will flow to technology, or it may move to real estate, or commodities, etc. Money must find a place and under your mattress is not an option.

How investment returns are taxed depends on the nature of the return. Generally, returns to investors make take the form of interest, dividends, capital gains, return of capital etc. The after-tax return influences many investors as to the type of investments they choose.

The following tax rates (individual in highest combined 2007 federal and provincial marginal tax rate) should give you some indication:

- Employment income: 46.4 per cent
- Interest income (GICs, Bonds etc.): 46.4 per cent
- Capital gains (sale of stocks, real estate): 23.2 per cent
- Dividends (eligible public companies): 24.6 per cent
- Dividends (non-eligible, private companies): 31 per cent
- Return of Capital (income trust): Nil (added to adjusted cost)
- Investment in RRSPs: Nil (taxed like interest on withdrawal).

Henry Choo Chong, CGA, provides accounting and taxation solutions. E-mail Money Matters: choochonghcg@yahoo.ca.



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Look at this chart.

RATE COMPARISON			
Driving Record	Lowest Price	Highest Price	Price Difference
Clean Record	\$958	\$2,213	\$1,255
1 Ticket	\$1,018	\$2,552	\$1,534
1 Accident	\$1,849	\$3,753	\$1,904

Fortunately, the math is simple. Getting quotes from more insurance companies on your car insurance should lead to greater savings. But who has the time?

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Beijing Games

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

Subway seizes up as roads cleared

TRANSPORTATION One of Beijing's most important subway lines seized up yesterday when workers closed off entrances on the first working day of pre-Olympic traffic restrictions.

Passengers were being allowed off Line 2, which runs in a loop around central Beijing, but not on to it. At least one major transfer station, at Jianguomen, was closed.

"There is a big crush of passengers. We've had to close the line for safety reasons," said a subway worker.

Migrant workers swept out of town

ECONOMICS The Bird's Nest national stadium is the pride of Beijing and one of the iconic structures of China's 2008 Olympic Games, but the men and women who built it may never see it coming to life.

As the opening ceremony of the Games approaches, the army of migrant workers who worked on the city's 31 Olympic projects are packing their bags and heading back to their rural homes as part of a city clean-up campaign that starts in earnest this week.

REUTERS

Sports in brief

SOCCER Real Madrid have asked Brazil to release Robinho from their Olympic squad after pre-season medical tests revealed that the forward is suffering from a groin injury. The 24-year-old player admitted he was disappointed that he would miss the Games, but respects his team's decision.

ATHLETICS Doping-tainted Greek sprinter Katerina Thanou must decide by tomorrow whether she will compete in next month's Beijing Olympics. Thanou, who served a two-year ban for missing drugs tests, has not yet announced her decision.

REUTERS

Tomorrow's lineup

TEAM EFFORT For the first time, Canada will be sending a full triathlon team of six people to compete at the Games. Pick up tomorrow's Metro for more.

16 days remain until the official start of the 2008 Summer Olympic Games in Beijing.

'I've found my passion'

Cameron discovers rowing at 25, battles all the way to Olympic berth

MATTHEW WUEST
Metro Canada

It took Tracy Cameron less than a week in a scull to decide rowing was going to take her to the Olympics.

It didn't matter that she was already 25 and had missed out on the key development years at the sport's junior and under-23 levels. It didn't matter that she had been completely removed from competitive sport for more than six years.

"The moment my hands touched the oars and I was on the water, it fit like a glove," she recalls. "I thought, 'This is it. I've found my passion. I've found the sport I love, and I'm going for it.' In my first week, I decided I was going to the Olympics."

Cameron wasn't expecting a life-changing experience when she wandered down to the Calgary Rowing Club eight years ago. The Maritimer from Shubenacadie, N.S., grew up surrounded by water and "missed it desperately" while studying her masters in science and sports medicine at the University of Calgary.

"I saw all kinds of activity on the water, but when I saw the rowers, it just intrigued me," she says.

On little more than a whim, she enrolled in a learn-to-row program, and the rest is history. Cameron, now 33, is going to the Beijing Games and is a medal contender with partner Melanie Kok of St.



After enjoying a successful Canadian University basketball career, Tracy Cameron took a six-year break from competitive sports before trying rowing on a whim and starting on a path that will take her to next month's Olympics in Beijing.

Catharines, Ont., in lightweight double.

She didn't become an athlete overnight, however. Cameron played two seasons of university basketball with the Acadia Axewomen in Wolfville, N.S., in 1993 and 1994.

But she did have a six-year pause from competitive sport before finding rowing. She says she "did a

ton of snowboarding, mountain-bike racing and running races" during that time, but describes her involvement as "recreational."

"I'd been active and living an active lifestyle, so it was a pretty easy transfer," she says. "I just had to learn the skill of rowing, but the fitness base was already there. It really

wasn't a difficult transition for me to become a rower."

Cameron tried to qualify for the Athens Olympics in the heavyweight class (59 kilograms and up) but was unsuccessful. As a result, she dropped into the lightweight class after consulting with physicians and an exercise physiologist.

"I was on the bubble as a

heavyweight and I really didn't belong in that category," she says. "This is a more natural fit."

She lost 25 pounds in a year and won gold with Kok and two others in the lightweight quad at the 2005 world championships, the biggest achievement of her career so far.

"I always had the dream of going to the Olympics, since my first days on the water, but it became a reality when I went down to the lightweight class," Cameron says.

She calls her crew a "dream team" with "lots of good energy happening," and admits she and Kok are "contenders, for sure" for a medal in Beijing. The proof of that is in bronze and gold medals they won at World Cup events in Europe in June.

Says Cameron, of her goal in Beijing: "We're hoping to be able to play our national anthem for you."



Tracy Cameron, right, qualified for this year's Summer Games by finishing seventh in lightweight double at last year's world championships in Austria along with then-crewmate Lindsay Jennerich.

Facts

NAME: Tracy Cameron
AGE: 33
SPORT: Rowing
CATEGORY: Lightweight double
CREWMATE: Melanie Kok of St. Catharines, Ont.
HOMETOWN: Shubenacadie, N.S.
CURRENT RESIDENCE: Calgary
CAREER HIGHLIGHT: Gold in lightweight quad at 2005 world championships.
MEDAL HAUL: Gold and bronze medals at World Cup events in June.

NFL
Chicago Bears linebacker Brian Urlacher has reportedly agreed to a contract extension. According to the team website, which cited a source close to Urlacher, the Bears have granted him a one-year extension through the 2012 season. **METRO NEWS SERVICES**

Sports

SPORTS EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONWS.CA

Saints acquire Shockey

The New York Giants traded tight end Jeremy Shockey, left, to New Orleans yesterday in exchange for the Saints' second- and fifth-round draft choices in 2009. Shockey has played his entire six-year career with the Giants, compiling 4,228 yards and 27 touchdowns on 371 receptions. **METRO NEWS SERVICES**



Sports world defies logic

Eskimos late collapse, Loewen's career change among head shakers

YorkReport



Logic is being defied at an awfully alarming rate in professional sports these days. Consider:

- In the CFL, in the year 2008, in a multicultural country, there are no black general managers, head coaches or even referees.
- With 99 seconds remaining in Toronto Sunday, the Edmonton Eskimos allowed a previously mediocre Argonauts offense to march a mind-boggling 109.5 yards to score a game-winning touchdown

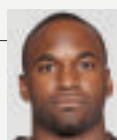
in a series that featured no fewer than five catches for 79 yards by some kid called Tyler Scott, who hadn't played football since he left some place called Saginaw Valley State two years ago.

• In his first two starts, North Carolina graduate Darian Durant accomplished something few other U.S. quarterbacks could — instant CFL success. Durant is precisely what the CFL's doctor ordered — invigorating new blood. He tore apart defences, passing for nearly 350 yards in each of Saskatchewan's back-to-back triumphs, and yet Roughriders coach Ken Miller will start inconsistent, injury-prone QB Marcus Crandell next game.

• Japanese baseball star Ichiro Suzuki of the Seattle Mariners still uses a trans-

a perfect start

Darian Durant is the first quarterback to win his first two CFL starts with Saskatchewan since Kent Austin in 1987. Marcus Crandell, not Durant, will start against Toronto Sunday, when the Roughriders seek their first 5-0 start since 1948.



Durant

lator to do interviews with North American reporters even though he speaks near-perfect English to his teammates.

• The pitching career of British Columbia's Adam Loewen, 24, came to an abrupt, painful and heart-breaking end Saturday because of elbow problems, and yet the Baltimore Orioles actually feel they'll save the kid's MLB career by converting him into an outfielder, a transformation only one other major-

leaguer — the St. Louis Cardinals' Rick Ankiel — has made successfully.

• The New York Mets' Carlos Delgado is batting .419 in July despite widespread suggestions earlier this season that the ex-Blue Jays slugger was finished.

• A cat spat of sorts between a foul-mouthed Danica Patrick and a towel-throwing Milka Duno attracted far more attention this weekend than their so-called sport, auto racing, has all year. (Check it out at

www.metronews.ca.)

• Jason Taylor was traded to the Washington Redskins Sunday even though Miami bossman Bill Parcells said recently the defensive lineman would remain a Dolphin "unless he retires. If we trade Taylor, I'll call you myself to tell you. But I won't have to because it isn't happening. That's how sure I am." ... Makes a guy not buy those weekend denials about Mats Sundin joining the Vancouver Canucks.

• The geniuses who run pro tennis and pro golf both decided to hold their marquee Canadian events in Toronto in the very same week. This week. Why?

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

Milbury signs on with Hockey Night

NHL Former NHL player, head coach and general manager Mike Milbury has joined the Hockey Night In Canada broadcast team for the 2008-09 season.



Milbury will be an analyst and a regular on The Hot Stove — a second-intermission feature.

Milbury was an analyst for TSN last season.

Clark, Gilmour to receive honours

NHL The Toronto Maple Leafs will honour former captains Wendel Clark and Doug Gilmour in separate ceremonies during the upcoming season, the team announced yesterday.

Each player will have a banner with their number and likeness raised to the rafters at the Air Canada Centre. Clark will get his night on Nov. 22 as Toronto hosts the Chicago Blackhawks, while Gilmour is set to be feted when the Pittsburgh Penguins visit on Jan. 31.

Flyers extend Lupul's contract

NHL The Philadelphia Flyers have signed forward Joffrey Lupul to a four-year contract extension, the team announced yesterday.

The 24-year-old Fort Saskatchewan, Alta., native recorded 20 goals and a career-high 26 assists in 56 regular-season games for the Flyers last season.

METRO NEWS SERVICES

Sports in brief

NBA The New Jersey Nets acquired guard Keyon Dooling from the Orlando Magic yesterday in exchange for a trade exception and cash in a sign-and-trade deal. **METRO NEWS SERVICES**

MLB New York Yankees catcher Jorge Posada was put back on the disabled list yesterday because of a sore right throwing shoulder, the team said. **REUTERS**

SCOREBOARD

MLB	TONIGHT'S GAMES	CFL
YESTERDAY'S RESULTS	AMERICAN LEAGUE	WEEK 5
Baltimore 8 Toronto 3	Minnesota at N.Y. Yankees, 5:05	THURSDAY'S GAME
Detroit 19 Kansas City 4	Toronto at Baltimore, 5:05	CALGARY at Winnipeg, 6
N.Y. Yankees 12 Minnesota 4	Oakland at Tampa Bay, 5:10	FRIDAY'S GAME
Tampa Bay 4 Oakland 0	Texas at Chicago White Sox, 6:11	Edmonton at Hamilton, 5
Texas 5 Chicago White Sox 1	Cleveland at L.A. Angels, 8:05	Montreal at B.C., 8
Cleveland at L.A. Angels	NATIONAL LEAGUE	SUNDAY'S GAME
Boston at Seattle	Atlanta at Florida, 5:10	Toronto at Saskatchewan, 5
NATIONAL LEAGUE	Philadelphia at N.Y. Mets, 5:10	BASEBALL
Atlanta 4 Florida 0	San Diego at Cincinnati, 5:10	GOLDEN BASEBALL LEAGUE
Milwaukee 6 St. Louis 3 (10 ins)	Pittsburgh at Houston, 6:05	GAMES FEATURING THE
Pittsburgh 9 Houston 3	Milwaukee at St. Louis, 6:15	CALGARY VIPERS:
San Diego 6 Cincinnati 4	L.A. Dodgers at Colorado, 7:05	LAST NIGHT'S RESULT
L.A. Dodgers at Colorado	Chicago Cubs at Arizona, 7:40	Yuma at CALGARY, 7:05
Chicago Cubs at Arizona	Washington at S. Francisco, 8:15	TONIGHT'S GAME
		Yuma at CALGARY, 7:05

Dancevic pulls off early upset

TENNIS The first upset at this year's Rogers Cup in Toronto couldn't have worked out better for Canadian tennis fans.

Frank Dancevic of Niagara Falls, Ont., defeated world No. 24 Mario Ancic of Croatia 6-3, 6-4 last night in opening-round action at the Rexall Centre at York University.

The 82nd-ranked Dancevic gets an even tougher test next as he faces world No. 3 and defending champion Novak Djokovic of Serbia in a second-round match tonight.

Dancevic's compatriot, Frederic Niemeyer of



GAIL O'CONNOR/TORONTO NEWS SERVICE

Boris Becker puts on a Toronto Maple Leafs jersey before his induction into the Rogers Cup Hall of Fame last night.

Deauville, Que., was not as successful. He fell 7-6 (4), 6-1 to No. 12-seeded Tommy

Robredo of Spain.

Other action on a rainy opening day saw No. 9 Stanislas Wawrinka of Switzerland defeat Simone Bolelli of Italy, 6-4, 7-6 (4); 10th-seeded Richard Gasquet of France battle past compatriot Michael Llodra, 6-2, 4-6, 6-3; and No. 14 Fernando Gonzalez of Chile hammer Julien Benneteau, France, 6-1, 6-2.

A one-set exhibition match last night saw Toronto's Daniel Nestor defeat Boris Becker 6-3, before Becker was officially inducted into the Rogers Cup Hall of Fame.

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Apple cider vinegar — a natural antiseptic — is an effective home treatment for dandruff. After shampooing, rinse hair with a solution of one part apple cider vinegar to one part water. Do this daily until your dandruff is under control. **ALIVE MAGAZINE**

Health



Raw Meal Deal

Raw foods provide superior nutrition as well as the enzymes necessary for their own digestion. The cooking process destroys these naturally occurring enzymes, forcing the pancreas to produce more internal digestive enzymes. Try to eat at least one completely raw meal each day, or eat a raw salad with a cooked meal twice a day. **ALIVE MAGAZINE**

CHINOOK
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Continuing Education



EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Drugs on campus

Fraternity bust sparks safety, prevention concerns



Blueberries contain more antioxidants than any other berry.

Antioxidants every day keep the doctor away

We hear a lot about dark-pigment fruits like blueberries being good for their antioxidant power. But what exactly does that mean?

"It's like a metaphor," says Wilhelmina Kalt, a food chemist with Agriculture and Agri-Food Canada, "that as we age, we're rusting away from the oxidative reactions in our bodies, degenerative aspects of aging and disease. The idea is these coloured fruits and vegetables can help us fight this biological rusting and presumably could help reduce the risk of disease."

What researchers are finding is that a diet rich in blueberries — no one knows for sure how much, but a cup or more a day is recommended — may offset some of the effects of aging. (Raspberries, black-

"The idea is these coloured fruits and vegetables can help us fight this biological rusting and presumably could help reduce the risk of disease."

Wilhelmina Kalt, food chemist

berries and other berries are also rich in antioxidants, but studies show that blueberries have more.)

A study at Tufts University in Boston found that rats fed a blueberry mixture had reduced memory loss and improved learning ability as well as agility.

TORSTAR NEWS SERVICE

In brief

EXERCISE, DEMENTIA LINK

Regular daily exercise benefits elderly women with dementia and these benefits appear to accrue over time, researchers from the Republic of Korea report.

REUTERS

BOTOX MAY HELP MIGRAINES

Drugs injections of botulinum toxin — known as Botox — may help prevent migraines in people who suffer frequent migraine attacks, research hints.

REUTERS

CANICE LEUNG
for Metro Canada

Fraternity busted for \$126,000 in drugs — it sounds like a bad Hollywood stereotype, but that's just what happened when Toronto police seized one kilogram of ketamine (used as a date-rape drug) cocaine and mushrooms at the Delta Kappa Epsilon Alpha Phi house near the University of Toronto on June 27.

What police found was enough ketamine to spike 6,200 drinks. The drug is also used as a club drug, and accounts for about five per cent of drug use among young clubgoers, according to Ottawa's Canadian Centre on Substance Abuse.

Graduate Waseem Malleye and current student Yong Park were charged with several drug-related offences, including possessing drugs for the purpose of trafficking.

Still, the news had some female U of T students wondering how safe their university really is. "Who knows if we go to an on-campus event or pub, you obviously have people from fraternities coming, and that would make me feel unsafe. God knows who would do what," said psychology student Nurin Jiwa.

Communications student Terri-Ann Persad said the school has never educated her about the dangers of date-rape drugs, nor did it inform her of the bust. "The school should make that more public. They're responsible for the well-being of their students," she said.

Prevention tips, education and crisis response officers are readily available through the school's health and counseling services, said school officials.

Although most DKE members are enrolled at U of T, spokesperson Rob Steiner said administration can't control



Police recently seized \$126,000 of drugs, including ketamine (the "date-rape" drug), from a Toronto fraternity house. Police say the amount of ketamine found was enough to spike 6,200 drinks.

Reports across Canada

• **Edmonton:** Police media relations say date-rape drugs are uncommon. "We've never even seen the word 'rohynpol' in a press release," they said, referring to another popular date-rape drug.

• **Ottawa:** Drug unit detective Rick Carey said they haven't seen much date-rape drug use, but it's difficult to find evidence that druggings occurred because they pass

through the body very quickly.

• **Halifax:** Constable for media relations Jeff Carr said date-rape drug use is rare, but that it's difficult to prove druggings occurred. "We've never had a case where we've proved they were given the drug. Apparently the drug leaves the system very quickly," he said.

CANICE LEUNG/FOR METRO

fraternities because they aren't recognized by the school. "Our jurisdiction only extends to stuff at the university or stuff that's academic. I don't think we have anything to do with this at all," Steiner said, adding that student

codes of conduct don't apply to off-campus fraternities. Date-rape drugs are a community safety concern, but there's no evidence of a larger drug ring operating on campus, said Toronto police Detective Sergeant Rob Johnson,

Bad Signs

Date-rape drug effects:

- Drunken or dizzy feelings
- Difficulty thinking
- Out-of-body experiences
- Distorted perception of time and body
- Can't remember who or where you are
- Numbness in the body
- Blurred vision
- Amnesia (applies to GHB)

SOURCE: CENTRE FOR ADDICTION AND MENTAL HEALTH

who added that the bust is an "isolated" incident, perhaps the first campus-related bust in Canada. He said there's recently been a small spike in druggings in Toronto's Entertainment District, but they can be avoided by sticking with friends, watching your drinks and knowing where they came from.

Malleye and Park say they didn't intend to use or sell the ketamine as a date-rape drug, which is also used recreationally, Johnson said. However, his partner, detective sergeant Edigio Roseto, believes the quantities found tell a different story. "That much ketamine is not for personal use — that is an amount sufficient for trafficking," he said, adding that recreational users can unintentionally be overwhelmed by the side effects of the drugs, and end up victimized while not fully conscious.

Still, the negative publicity could have far-reaching effects on U of T's Greek community. One fraternity member, who declined to give his name or association, said this bust gives all fraternities a bad reputation and overshadows the leukemia charity runs and fundraising spaghetti dinners his group organizes. "People don't even want to learn about it because of the stereotypes," he said.

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Periods go green

Try a reusable menstrual cup

CELIA MILNE
for Metro Canada



Want to do your monthly part for a better environment? Try a reusable menstrual cup instead of pads and tampons. Once you get over the "gross" factor, this is actually a good idea.

You simply insert the bell-shaped cup into the vagina and it collects menstrual fluid. It gets emptied regularly (approximately twice a day) and re-used. One cup can last up to 10 years.

Dr. David Gerber, a gynecologist and director at Meridia Gynecology in Toronto, is largely in favour of the menstrual cup. To avoid any health issues, "you have to be fastidious about emptying

it," he says. He also suggests being careful to get a cup that fits properly. If it doesn't, it can cause rubbing and rawness on the cervix.

A Canadian company based here is promoting its new soft-silicone DivaCup, which comes in two sizes.

Menstrual cups have been around for decades. An earlier version made of latex, called TheKeeper, has been available in the U.S. since 1987.

But only now, which the world focussed on the environment, are menstrual cups enjoying something of a rebirth. Conventional sanitary products leave a large footprint on the earth: For example, it is estimated that 12 billion sanitary pads and seven billion tampons are dropped into U.S. landfills each year.



The new DivaCup is a bell-shaped cup that is inserted into the vagina to collect menstrual fluid.

"(With the menstrual cup), you have to be fastidious about emptying it."

Dr. David Gerber, gynecologist and director at Toronto's Meridia Gynecology

The new DivaCup is available at natural food stores such as Whole Foods Markets.

For more information, visit www.divacup.com.

When the towel hits the floor

HineSight

Anne Hines



This morning, I would like to share some thoughts about how to have a peaceful and happy partnership. With luck, it will take my mind off the fight I'm having with my spouse.

Over the years, I've learned one or two things about how to make a relationship go smoothly. After three decades of dating and/or marriage, one or two things isn't bad.

What I've learned, and you might want to write this down, is this: Relationships are tricky.

The problem in my house this morning was that issue that raises its ugly head in every long-term relationship: One of us left a towel on the bathroom floor.

It is absolutely true that, whatever unhappy thing your partner has said recently about your sister or

however much you've stewed about the time he/she spends playing golf, your frustration is going to come out over something that a) is trivial; and b) has nothing to do with what you're really upset about.

In short, in relationships, the sh_t hits the fan when the towel hits the floor.

Let's look at how two people faced with this relationship annoyance might handle the situation.

First, let's look at the person who is confident in themselves and their place in the partnership. This person sees the towel on the floor, knows it has nothing to do with other relationship issues and says something like, "Honey, you've left a towel on the bathroom floor."

Notice there are key words this relationship pro does not use.

Words like "again," "never," "always," and "you stupid twit." The words "never" and "always," have likely caused more relationship trouble than even, "Everyone gains weight at your age," or, "You said it was healthy to acknowledge our attraction to other people."

Next, we have the person we'll refer to as "the rest of us."

This person uses the most common strategy for dealing with relationship discord. This may be called "taking it all personally."

TRoU: I cannot believe you did this to me again. You never, never think of me and always, always leave your towel on the floor. I am so leaving you for someone who showers at the gym.

When it comes to relationships, it's best to remember two things. First, instead of getting a marriage licence, we should all be issued a learner's permit.

And, the best things in life are free. But they're never easy.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

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Mad Men has dominated the annual awards ceremony organized by the U.S. Television Critics Association. The drama was named program of the year and outstanding new show, and also won the prize for outstanding drama. **BBC NEWS ONLINE**

Entertainment

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONews.CA

in the studio

Eminem is back in the studio. The rapper's friend and protégée Bishop Lamont confirmed Eminem is working on his first new material since 2004's *Encore* album. **FEMALEFIRST.CO.UK**



Jaydee Bixby takes country road

Former Canadian Idol contestant releases debut album *Cowboys And Cadillacs*

SANDY CAETANO
Metro Canada



Last season's Canadian Idol runner-up Jaydee Bixby makes a return to the TV reality show's stage tonight.

The Drumheller, Alta., country singer says he couldn't be more excited to come back to the place that kickstarted his music career.

"That is one of the things that I was absolutely stoked about was to come back to do a song and perform," Bixby says. "It's kind of cool because now I have my new band with me and they're a great group of guys."

Fronting his new band, Bixby will perform new single *Old Fashioned Girl*, off debut album *Cowboys And Cadillacs*, which was released last week.



Jaydee Bixby says fans' reaction to his new CD has been great.

Bixby says the reception he has received from fans all over Canada has been unbelievable.

"You go into it being very

optimistic thinking 'OK my CD is going out in stores, that's pretty cool,'" says Bixby. "It's just amazing, but I didn't realize how much

the Internet helps with sales and stuff because of things like iTunes."

From the moment his Canadian Idol experience

ended Bixby has been keeping busy from landing a contract with HRM Records to writing songs and assisting with the production of his new album.

"The whole process has been great since the beginning, where you're writing songs right through to where you're holding the package, it's just a phenomenal experience to go through," he says.

To see the tracks laid out and the whole process of making the album was something Bixby quite enjoyed and he even collected two co-writes on the album for tracks *Love Is* and *Some-where Tonight*.

To the remaining Canadian Idol competitors, Bixby offers these words of advice: "If I focused on all the bad stuff the judges had said

"The whole process has been great since the beginning, where you're writing songs right through to where you're holding the package, it's just a phenomenal experience to go through."

Jaydee Bixby

about me I would have been a wreck," says Bixby. "If you focus on that, that's where people get messed up ... you just got to keep keeping on and do what you do, and focus on the music."

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Winehouse's husband sentenced to prison term

PEOPLE The husband of British soul singer Amy Winehouse was ordered to serve about four and a half more months in prison on Monday after he pleaded guilty to attacking a pub landlord

in 2006 and then trying to cover it up.

Blake Fielder-Civil, 26, sat with his three co-defendants before judge David Radford in east London as the sentences were read out.

"I read that you, Blake

Fielder-Civil, were affected by drink and cocaine and that in that drunken and drugged state took part in this attack out of a mistaken sense of loyalty to your friend Michael Brown," Radford said.

He added that Fielder-Civil, who married Winehouse in Miami in 2007,

"behaved in a gratuitous, cowardly and disgraceful way",

and sentenced the former video assistant to 27 months in prison,

of which he will only have to serve half. **REUTERS**



theatres

Dark Knight tickets selling on eBay

MOVIES It seems that 4,366 theaters weren't quite enough.

As hype for new box office champ *The Dark Knight* reached a fever pitch over the weekend, moviegoers were surfing eBay and Craigslist for tickets, sometimes paying five times face value

for them.

The hottest items were tickets to Imax showings. The movie opened on 94 Imax screens, and company executives did a good job letting folks know that director Christopher Nolan shot many of the biggest action scenes with an Imax camera. **REUTERS**

Malfunction followup

A court overturned a \$550,000 fine against CBS television stations for airing a glimpse of pop singer Janet Jackson's breast during the 2004 Super Bowl broadcast, dealing a blow to the U.S. government's campaign against television indecency. **REUTERS**

entertainment 13

DVD picks

21

Director: Robert Luketic
Stars: Jim Sturgess, Kevin Spacey, Kate Bosworth, Laurence Fishburn
Rating: PG-13



In one of the DVD extras for 21 — a film “inspired by” the real-life story of six MIT students who won millions at Las Vegas blackjack tables — it takes a mere five minutes to detail the history of the game, the essence of basic strategy and even the students’ simplistic method of counting cards, the legal but despised-by-casinos technique that gave them the edge necessary to beat the house.

It’s too bad the makers of 21 didn’t see fit to squeeze these five minutes of context into the film itself. In any movie involving a heist or scam or otherwise sticking it to the man, the how-to always offers the biggest thrills. Director Robert Luketic and writers Peter Steinfeld and Allan Loeb (from the superior bestselling book *Bringing Down the House* by Ben Mezrich) show us bits and pieces of the card-counting method, but never put it all together.

If they had, it could have helped slim down the tedious backstory in Boston involving meek math nerd Ben Campbell (a listless Jim Sturgess), which occupies the first 27 minutes of the movie, before we get to the good stuff — or, at least, better stuff — in Vegas.



Jim Sturgess plays a meek math nerd from Boston who heads to Vegas for some action in 21.

There, at last, the movie shows some signs of life, though it never achieves the excitement it aspires to. Ben’s transformation from math geek to high roller doesn’t go far enough — what, no drugs, no hookers? This is Vegas, right? Security tug Cole Williams (Laurence Fishburne), who is onto the card counting scheme but is portrayed

as a dinosaur in an increasingly high-tech world, offers a glimmer of menace. Kevin Spacey, as the two-faced MIT prof who runs the blackjack ring (he’s also a producer), burns at his usual intensity but can barely ignite a script that has all the dimension of a pair of deuces.

That the nastiness has been toned down for a PG-13 rating, which helped 21 earn \$81 million at the domestic box office, is fine. What isn’t forgivable is the one thing this movie about a cabal of math geniuses lacks: brains.

Extras on the two-disc set and Blu-ray also include a making-of, nicely contrasting the two locations, “hot” Vegas and “cool,” wintry Boston; a commentary track where the filmmakers admit to being gambling fiends; and a digital copy of the film for viewing on computer and portable devices.

TORSTAR NEWS SERVICE

For more DVD reviews

Go to metronews.ca.

Curtains for Ebert and Roeper show

Influential film critics Roger Ebert and Richard Roeper are departing the movie-review show that bears their names, the two announced separately, leaving the program’s future unclear.

Ebert, 66, who has been sidelined as co-host of *At the Movies* with Ebert & Roeper since 2006 due to health problems, said in a statement that he was ending his relationship with the show.

Ebert, arguably America’s best-known film critic, had remained active behind the scenes despite losing his voice to cancer.

His announcement came a day after Roeper, 48, said his last appearance on the show would be an episode airing Aug. 17.

The show’s production company, Disney-ABC Domestic Television, had no immediate comment on the future of the long-running program, which Ebert

“I will be free to share the details of that (new) program in the near future.”

Richard Roeper

launched 33 years ago with late film critic Gene Siskel. Ebert said he and Siskel’s widow, Marlene Iglitz, will retain the show’s trademarked catchphrase “two thumbs up” for some future use.

Roeper joined the show eight years ago, after Siskel died after a surgery to remove a brain tumour.

Roeper said he intends to “proceed elsewhere” and co-host another film review show that “honours the standards established by Gene Siskel and Roger Ebert.”

“I will be free to share the details on that (new) program in the near future,” he said. **REUTERS**

in brief

WELCOME TO HIS NIGHTMARE

Alice Cooper has blasted TV talent shows like *American Idol* because they don’t look for any new rock talent, femalefirst.co.uk reports. “They aren’t looking for rock bands, they’re looking for people who are going to end up with shows in Vegas,” he told British newspaper *The People*. “Bands from the ‘60s and ‘70s still have hits being played on the radio, like the Rolling Stones, Black Sabbath and us. But I don’t think many of today’s will because music’s becoming totally disposable.”

L WORD SPINOFF

Showtime is working on a spin-off to its drama *The L Word*, which will kick off its sixth and final season early next year, Reuters reports. Ilene Chaiken, creator of the series, is in the early stages of developing the spinoff, which will star one of the *L Word* actresses, said Robert Greenblatt, Showtime’s president of entertainment. The identity of the actress has not yet been revealed.

KARDASHIAN TWO-STEP

Socialite Kim Kardashian has been tapped as the latest celebrity to join the cast of the hit U.S. TV show *Dancing With the Stars*, imdb.com reports. She is reportedly in talks with network executives to appear on the hit talent contest. Also rumoured to appear is former ‘N Sync star Lance Bass.

METRO NEWS SERVICES

critics’ corner

Reba
Drugs are bad. It doesn’t matter if your dad smoked weed as a youth; there wasn’t the research available then that there is now. Brock (Christopher Rich) lies to Kyra (Scarlett Pomers) by claiming he’s never smoked marijuana in “Calling the Pot Broke.” Barbra Jean (Melissa Peterman) is stunned to learn that he actually did. The situation prompts Cheyenne (JoAnna Garcia) to admit part of her past to an unsuspecting Van (Steve Howey). 7 PM on CMT



Kitchen Nightmares

Looks aren’t everything, as Gordon Ramsay finds out when he visits the Olde Stone Mill, a restaurant in New York state that’s lovely to look at but whose food is ... not so much. He and the owner butt heads, as expected, but Ramsay’s recommendation to convert the place from an Italian restaurant to a steakhouse works like a charm. Of course, he needs to perform some attitude adjustments on the staff as well. 9 PM on KAYU

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	- - 4 BROAD	(4) Broadcast News News.	Broadcast News News.							
	- 371 5 KXLY	4 News at 6	The Insider (N)	Wipeout (N)						
	245 306 6 CBRT	Coronation St.	Just-Gags	The Tudors "Episode 3"						
	244 338 7 CICT	ET Canada	Entertainment	Wipeout (N)						
	246 - 8 CKAL	Friends	Friends	Hell's Kitchen						
	119 705 9 CBXFT	Des squeelettes	Tout	Bons baisers de France (SC)						
	- - 10 SHAW	(6) Local Programming								
	- 372 12 KREM	News (N)	Friends	NCIS "Brothers in Arms"	Big Brother 10 (N)					
news	- 374 14 KSPS	NewsHour With Jim Lehrer	Nova (HDTV) (DVS)	Be a Predator (DVS)	Wide Angle (HDTV) (N)					
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	- 370 16 KHQ	News (N)	Raymond	Celebrity Family Feud	America's Got Talent (N)					
	- 373 22 KAYU	'70s Show	The Simpsons	Kitchen Nightmares (PA)	House "Games"					
	297 652 37 WPIX	Reaper "Acid Queen"	CW11 News at Ten	Two/Half Men	Friends	Sex and-City	Will & Grace			
	500 500 29 CNN	Larry King Live	Anderson Cooper 360 (HDTV)	Showbiz Tonight						
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sports	411 457 44 OLN	(6) Cycling Tour de France Stage 16		Adventures	Strand-Peters	Cycling Tour de France Stage 16				
	417 406 48 SPEED	Low Life	SuperCars	Pinks (HDTV)	Pass Time	Unique Whips				
	552 543 20 YTV	Drake & Josh	Genie	Fries That?	Futurama	Prank Patrol	Mystery Hnt.			
	557 541 39 FAM	Zoey 101	Life Derek	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek			
	555 545 67 TOON	6teen	Johnny Test	Loonatics	6teen	Futurama	Spaceballs			
	575 583 11 CMT	Reba	Hope & Faith	Home Improve.	Roseanne	CMT30 "Dauphin 2008"	Reba			
	553 546 17 TREE	Little Bear	Miss Spider	Big Comfy	Rolie Polie Olie	Beren. Bears	Dragon (DVS)			
	- - 18 CHTV	'70s Show	E! News	Real Housewives	Kimora: Fab	Kardashians	Living Lohan			
	505 398 19 TWN	(5) EarthWatch One	EarthWatch One	EarthWatch Two						
	602 568 23 W	Shopping Bags	House	Will & Grace	Friends	Maxed Out	Style by Jury			
family	521 560 24 TLC	Must Love Kids	Group day trip.	Ashley Paige	Ashley Paige	Say Yes-Dress	Reception			
	603 561 25 FOOD	HEAT-McEwan	HEAT-McEwan	Top Chef	Restaurant Makeover	Iron Chef America	Must Love Kids			
	515 520 26 A&E	The First 48 (HDTV) (N)	The Cleaner "Rag Dolls"	The Cleaner "Rag Dolls"	The Cleaner "Rag Dolls"	The First 48 "Blackout"	Trailer Park			
	617 522 32 SHOW	Trailer Park	Billable Hours	ReGenesis (HDTV)	Blue Murder "Heroes"	CSI: NY	Kenny-Speny			
	601 562 33 SLICE	Shear Genius	Plastic-Perfect	Matchmaker	Newlywed	In Laws	Shear Genius			
	- 633 34 ENC2	Filmography	[7:25] Across This Land		Lost in America *** (1985, Comedy)					
	520 505 35 DISC	Mighty Ships "Maersk" (N)	Deadliest Catch "Mortal Men"	Daily Planet						
	620 523 36BRAVO	Bravonews	Garrett Mason	Live at the Rehearsal Hall	Law & Order "I.D."					
	294 650 40 WPCB	(6) Rules of Engagement ** (2000)		Seinfeld	Fraser	Rules of Engagement ** (2000, Drama)				
	626 547 41 TCM	Laughs	Comics!	Air Force	22 Minutes	Corner Gas	The Simpsons			
cable variety	- 539 42 COM	(6) Night Must Fall	The Velvet Touch ** (1948, Drama)	Rosaland Russell.						
	628 584 43 SPIKE	CSI: Crime Scene Investg.	CSI: Crime Scene Investg.	CSI: NY (HDTV)						
	522 516 45 HIST	Disaster-Cent.	Masterminds	NCIS "Kill Ari"	Digging for the Truth	Secrets of the First Emperor	Trek: Voyager			
	627 528 46SPACE	Blood Ties (DVS)	Battlestar Galactica	Stargate SG-1						
	- - 47 AMC	(6) Hatan! *** (1962, Adventure)	John Wayne, Elsa Martinelli.		Witness *** (1985, Crime Drama)	Harrison Ford.				
	619 525 49 TROP	Tube Tales	Vanity Insanity	News Show	ET Canada	What Happen?	Family Guy			
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	526 507 92 CLT	Psychic Detect	Ext. Evidence	Traders	The West Wing		Psychic Witness			

Going country Jessica Simpson's first country concert was met with mixed reactions. Audiences booed and clapped as the singer, 28, opened for Sara Evans on Saturday at the Country Thunder USA festival in Randall, Wisc. USMAGAZINE.COM

Celebrity Buzz

Trying for baby 'fun'

PARENTS TO BE? Rebecca Romijn and Jerry O'Connell, who celebrated their first wedding anniversary July 14, are not expecting a baby — yet.

"We're trying to get pregnant," the actor told People. "It would be amazing if it happened. I hope it does."

O'Connell, who says trying to get pregnant is "a lot of fun."

Though the couple spent their first wedding anniversary apart — she

was in New York and he was in L.A. — O'Connell says their time apart may actually help their relationship.

"Being apart, you want to make the most of your time together," he says. "And we really have a lot of fun together."

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Thurman denies secret wedding

PEOPLE Actress Uma Thurman has denied reports she has wed her boyfriend Arpad Busson in a secret ceremony, after reports surfaced the couple's engagement party was a guise for their nuptials, imdb.com reports. According to the New York Post, Thurman — who sparked pregnancy rumours when she was snapped with a protruding stomach in Europe last week — is allegedly enjoying her honeymoon on the trip with Busson.

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Stone, Nelly an item?

COUPLINGS Joss Stone is reportedly dating Nelly, femalefirst.co.uk reports.

The soul singer has been on several secret dates with the 33-year-old rap star — who is 12 years her senior — and is said to be smitten with him. "Joss and Nelly have been out on a few dates," a source said.

"It's early days but Joss is really happy. It's great that she has met someone as successful as she is and who understands the pressures of being a performer."

Stone, 21, is also reducing her hectic work schedule this year so she can have more time for herself, and spend more time with Nelly.

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celebrity brief

Hart not over Pink; exes still close

PEOPLE Carey Hart and Pink may have split, but that doesn't mean they're not still close, People.com reports.

"We talk all the time and try to stay connected as much as possible," Hart said. "It's a tough situation to be in but I love her to death." And though they are not longer a couple, Hart confesses he still misses his ex. "I miss everything about her," he says. And in the

wake of their split, "I became a workaholic," says the motocross star.

"I work 19 hours a day." Carey, who married Pink in 2006 and split in February, isn't ready to move on.

Says Hart: "I'm not in any rush to get back into a relationship."

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Love and Cobain's daughter interning at Rolling Stone

PEOPLE Most magazine interns fetch coffee, run errands for editors and do some actual work — but maybe not Frances Bean Cobain, PageSix.com reports.

The 15-year-old daughter of Courtney Love and late rocker Kurt Cobain is the new summer aide at Rolling Stone. Insiders say "she doesn't get coffee for anyone... calls in sick all the time and wears funny outfits."

A Rolling Stone rep denied the story, telling Page Six, "She's a great girl, and we're thrilled to have her."

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celebrity brief

Hudgens not jealous of Zac's fans

COUPLES Vanessa Hudgens is adamant she is not jealous of her boyfriend Zac Efron's legions of adoring female fans, imdb.com reports.

The High School Musical co-stars have been dating for nearly a year, and Hudgens admits she often feels like a giggly, teenage fan when she is around him. She says, "I don't get jealous when Zac gets loads of attention. I do, too. And I don't mind if girls scream at him — I like to scream along too."



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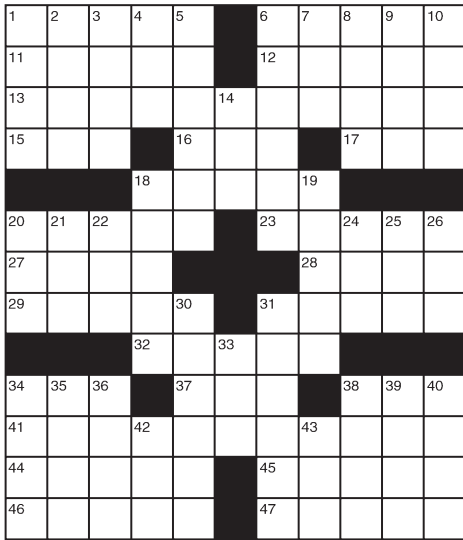
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Parental advice

Funny man Will Ferrell has jokingly advised actress Nicole Kidman to talk to her newborn daughter, Sunday Rose, "at least" once a week. "If you've got time, do it two or three times a week," he added. FEMALEFIRST.CO.UK



Take Five



Crossword down

- 1 Arp's art
- 2 Baseball's Rodriguez
- 3 Get up
- 4 Floral ring
- 5 What protractors measure
- 6 Play places
- 7 Butter square
- 8 Canton's state
- 9 Hammer or sickle
- 10 Dispatch
- 14 Volleyball need
- 18 Chatty bird
- 19 River vessels
- 20 CPU containers
- 21 Depressed
- 22 Galena, for one
- 24 By way of
- 25 Building wing
- 26 Cunning
- 30 Kitchen fixtures
- 31 Effect
- 33 Sought office
- 34 Weaponry
- 35 Bound
- 36 China setting
- 38 Freshener scent
- 39 Chess castle
- 40 Addition column
- 42 Hostel
- 43 Mariner

Horoscopes

AVATAR VENUS

ARIES

MARCH 21-APRIL 20
Your finances will need fine tuning. A romance with a peer is possible. Expect to hear a declaration that changes things.

TAURUS

APRIL 21-MAY 21
An organizer can make you efficient. A fun-loving associate has ulterior motives. Time's running out for a boring boss.

GEMINI

MAY 22-JUNE 21
A friend won't remember what you did. Get on track by pushing into new areas. Battle against weariness by learning something new.

CANCER

JUNE 22-JULY 22
Earn gratitude by having a serious chat. A deal will astound you. Bad plumbing initiates a house-cleaning.

LEO

JULY 23-AUG 23
An emotional bond will develop with an absent person. You'll be happy about several things. A daydreamer will support you.

VIRGO

AUG 24-SEPT 22
An odd contact is lethargic. A lonely buddy will create a plan. A boss will go further than you anticipated.

LIBRA

SEPT 23-OCT 23
Your appearance isn't the solution to problems. Spend time with an ecstatic person. You must ask an authority figure to be fair.

SCORPIO

OCT 24-NOV 22
Your attitude changes when a man starts shouting. Try out a ridiculous theory. You'll have to work with a clown to get a job done.

SAGITTARIUS

NOV 23-DEC 21
Taking time off from work is a good thing. Think about details before making a change. Lend a hand before being asked.

CAPRICORN

DEC 22-JAN 20
A lover weeps over a disappointment. A new start may be sought. You'll trust someone you've recently met.

AQUARIUS

JAN 21-FEB 18
Spend time with a miserable person. Avoid battles when there's nothing left to lose. Reduce panic, or fatigue will ensue.

PISCES

FEB 19-MAR 20
Don't growl when frustration leads to a snit. Detours will interrupt your quiet time. Good deals are found when women are around.

Crossword across

- 1 "Little Rascals" girl
- 6 Espies
- 11 Visitor from space
- 12 Western resort lake
- 13 Name
- 15 Firefighting tool
- 16 Race part
- 17 Antique
- 18 Taxi feature
- 20 Stratagems
- 23 Rescues
- 27 Ethanol source
- 28 Crowd into
- 29 Avow
- 31 Tuscan setting
- 32 Impairs
- 34 In the style of
- 37 Siesta
- 38 Paid player
- 41 Reluctant acceptance
- 44 Augusta's state
- 45 River vessel
- 46 Bridges
- 47 Hard journeys

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This day in history

JULY 22, 1933: Wiley Post becomes first person to fly solo around the world traveling 15,596 miles in 7 days, 18 hours and 45 minutes.
JULY 22, 1934: Outside Chicago's Biograph Theatre, "Public Enemy No. 1" John Dillinger is mortally wounded by FBI agents.
JULY 22, 1937: The United States Senate votes down President Franklin D. Roosevelt's proposal to add more justices to the Supreme Court of the United States.
JULY 22, 1942: Holocaust: The systematic deportation of Jews from the Warsaw Ghetto begins.
JULY 22, 1992: Near Medellin, Colombian drug lord Pablo Escobar escapes from his luxury prison fearing extradition to the United States.
JULY 22, 1999: The first version of MSN Messenger was released by Microsoft.

STICKELERS
Terry Stickels

Match the words on the left with their meanings on the right.

- a. puerous
- b. fruition
- c. alimentary
- d. umbrage
- e. squalid
- 1. dirty, filthy
- 2. bringing results
- 3. resentment
- 4. stingy
- 5. related to nourishment

Previous Answer
The answer is 24. Starting with a C and ending with a T, which has three letters, there are 100 combinations of letters that can be made by using the letters C, A, T, and S. The answer is 24.

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6	1	4	5			9
		5	7	9	3	
	8		2			
		6			9	5
						7
1	2	7			6	
				4		3
			1	2	8	5
8		9		6	7	4

Sudoku

INSTRUCTIONS:

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

3	6	8	9	7	5	2	1	4
7	9	4	2	6	1	3	5	8
5	2	1	3	8	4	7	6	9
8	7	3	5	4	6	9	2	1
2	1	9	7	3	8	5	4	6
4	5	6	1	9	2	8	7	3
6	3	2	8	1	7	4	9	5
1	8	7	4	5	9	6	3	2
9	4	5	6	2	3	1	8	7

SOLVE TIME IN MINUTES:

Under 13 Genius
13-17 Scholar
17-21 Smart

21-25 Not bad
25+ Keep practicing

Calgary weather

Afternoon

Variable.
23°

Tonight

Rain. 80%
Low 11°

Wednesday

Partly cloudy.
19° / 10°

Thursday

Rain. 100%
18° / 9°

Friday

Sunny.
23° / 11°

Temperature Normals
High: 24.9°
Low: 9.6°

Records
High: 35.6°/1936
Low: 2.8°/1889

Sunrise: 5:47 a.m.
Sunset: 9:36 p.m.
Moonset: 10:53 a.m.
Moonrise: 11:08 p.m.

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TD Square
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Westbrook Mall
West Hills Towne Centre
856 - 33 Heritage Meadows Way SE
6039 Centre St. S
264 - 6100 MacLeod Trail S

NORTHWEST

822 Crowfoot Cres. NW
1623 Centre St. NW
715 - 5005 Dalhousie Dr. NW
207 14 St. NW

NORTHEAST

Spectrum Shopping Centre
511 - 500 Country Hills Blvd.
1353 32 Ave. NE
2420 - 42 Ave. NE
19 - 2520 23 St. NE
2000 McKnight Blvd. NE

SOUTHWEST

Energy Plaza
245 - 225 7 Ave. SW
1 - 4623 Bow Trail SW
5 - 2008 33 Ave. SW
12 - 9250 MacLeod Trail S
16061 MacLeod Trail S

SOUTHEAST

856 - 33 Heritage Meadows Way SE
1288 42 Ave. SE
7845 Flint Rd. SE
4410 50 Ave. SE
255 28 St. SE
10836 24 St. SE
1095 - 8500 MacLeod Trail SE
4949 Barlow Trail SE

Airdrie

2145 Summerfield Blvd.

Cochrane

4 - 201 Grand Blvd.
15 - 312 5 Ave. W

Okotoks

181 - 31 Southridge Dr.
118 Elizabeth St.

Strathmore

8 - 55 Wheatland Trail
103 - 331 3 Ave.

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